


Monday	Tuesday	Wednesday	Thursday	Friday
<p>M/ma=Meat/ Meat Alternative                      WG=Whole Grain                      WW=Whole Wheat                      RF=Reduced Fat                      FF=Fat Free                      RS=Reduced Sodium                      R/O=Red/Orange Veggie                      G=Dark Green Veggie                      B/P=Beans/Peas                      S=Starchy                      O=Other</p>			<p>2 Staff Development Day</p> 	<p>3 No School</p>
	<p>7 Staff Development Day</p> 	<p>8 Breakfast Choices</p> <p>6 WG Chicken Nuggets 2oz.                      WW Roll 1.18 oz.                      3/4 cup Veggie                      S/Potatoes &amp; Gravy                      R/O Carrots                      3/4 cup Fresh Fruit or Pears</p>	<p>9 Breakfast Choices</p> <p>Beef Burger 2 oz                      Cheese .5 oz                      WW Roll 2oz.                      3/4 cup Veggie                      B/P Baked Beans                      S/French Fries                      3/4 cup Fresh Fruit                      Mixed Fruit</p>	<p>10 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or                      WG/RF Buffalo Ckn Pizza 2 oz.                      or WG Chicken Patty 2 oz.                      WW Roll 2oz.                      3/4 cup Veggie                      G/Broccoli                      3/4 cup Fresh Fruit or                      Fruit Variety</p>
<p>13 Breakfast Choices</p> <p>Brunch For Lunch                      4 WG French Toast Sticks 3oz.                      Sausage Patty 1.2 oz.                      Syrup                      3/4 cup Veggie                      S/ Hash Browns                      R/O Carrots                      3/4 cup Fresh Fruit or                      Applesauce</p>	<p>14 Breakfast Choices</p> <p>WG Chicken Patty 2 oz                      WW Roll 1.89 oz.                      Side of Pasta                      3/4 cup Veggie                      S/Com                      3/4 cup Fresh Fruit or                      Pears</p>	<p>15 Breakfast Choices</p> <p>Italian Dunkers                      2WW Bread Stick                      4 RFMozz. Sticks                      3/4 cup Veggie                      R/O Sauce 2.oz                      O/Green Beans                      3/4 cup Fresh Fruit or                      Peaches</p>	<p>16 Breakfast Choices</p> <p>(A) Toasted Cheese Sandwich                      WW Bread &amp; Cheese 2 oz                      (B) Ham &amp; Cheese Bagel                      WG Bagel–Ham 2 oz. &amp;                      Cheese 1oz                      3/4 cup Veggie                      R/O Tomato soup                      S/P Baked Beans                      3/4 cup Fresh Fruit or                      Mixed Fruit</p>	<p>17 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or                      WG/RF Buffalo Ckn Pizza 2 oz.                      or WG Chicken Patty 2 oz.                      WW Roll 2oz.                      3/4 cup Veggie                      G/Broccoli                      3/4 cup Fresh Fruit or                      Fruit Variety</p>
<p>20 Breakfast Choices</p> <p>6 WG Chicken Nuggets 2oz.                      WW Roll 1.18 oz.                      1/4 C Mac &amp; Cheese                      3/4 cup Veggie                      R/O Carrots                      3/4 cup Fresh Fruit or                      Peaches</p>	<p>21 Breakfast Choices</p> <p>Taco or Taco Salad                      (A) 2 WW Soft Tacos                      (B) RS Tortilla Chips                      Meat Sauce 3 oz                      Cheese .5 oz                      1/4 cup WG Rice                      3/4 cup Veggie                      S/Com                      3/4 cup Fresh Fruit or                      Mixed Fruit</p>	<p>22 Breakfast Choices</p> <p>Sub Sandwich                      WW Roll 1.79 oz.                      Mixed Meat 2.5oz.                      Cheese .5 oz                      3/4 cup Veggie                      O/Green Beans                      3/4 cup Fresh Fruit or                      Mandarin Oranges</p>	<p>23 Breakfast Choices</p> <p>Beef Burger 2 oz                      Cheese .5 oz                      WW Roll 2oz.                      3/4 cup Veggie                      B/P Baked Beans                      S/French Fries                      3/4 cup Fresh Fruit or                      Fruit Variety                      Mixed Fruit</p>	<p>24 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or                      WG/RF Buffalo Ckn Pizza 2 oz.                      or WG Chicken Patty 2 oz.                      WW Roll 2oz.                      3/4 cup Veggie                      G/Broccoli                      3/4 cup Fresh Fruit or                      Fruit Variety</p>
<p>27 Breakfast Choices</p> <p>Brunch For Lunch                      4 WG French Toast Sticks 3oz.                      Sausage Patty 1.2 oz.                      Syrup                      3/4 cup Veggie                      S/ Hash Browns                      R/O Carrots                      3/4 cup Fresh Fruit or                      Applesauce</p>	<p>28 Breakfast Choices</p> <p>(A) Toasted Cheese Sandwich                      WW Bread &amp; Cheese 2 oz                      (B) Ham &amp; Cheese Bagel                      WG Bagel–Ham 2 oz. &amp;                      Cheese 1oz                      3/4 cup Veggie                      R/O Tomato soup                      S/Com                      3/4 cup Fresh Fruit or                      Peaches</p>	<p>29 Breakfast Choices</p> <p>Italian Dunkers                      2WW Bread Stick                      4 RFMozz. Sticks                      3/4 cup Veggie                      R/O Sauce 2.oz                      O/Green Beans                      3/4 cup Fresh Fruit or                      Pears</p>	<p>30 Breakfast Choices</p> <p>WG Chicken Patty 2 oz                      WW Roll 1.89 oz                      3/4 cup Veggie                      B/P Baked Beans                      3/4 cup Fresh Fruit or                      Strawberries</p>	<p>Duanesburg CSD                      133 School Drive                      Delanson, NY 12053  <a href="http://www.duanesburg.org">www.duanesburg.org</a>                      ES-518-895-2580                      JR/SR HS-518-895-3000                      CO-518-895-2279</p>