

Monday	Tuesday	Wednesday	Thursday	Friday
<p>M/ma=Meat/ Meat Alternative WG=Whole Grain WW=Whole Wheat RF=Reduced Fat FF=Fat Free RS=Reduced Sodium R/O=Red/Orange Veggie G=Dark Green Veggie B/P=Beans/Peas S=Starchy O=Other</p>			<p>2 Staff Development Day</p> 	<p>3 No School</p>
<p>LABOR DAY</p> 	<p>7 Staff Development Day</p> 	<p>8 Breakfast Choices</p> <p>6 WG Chicken Nuggets 2 oz. WW Roll 1.18 oz. 1 cup Veggie S/Potatoes & Gravy R/O Carrots 1 cup Fresh Fruit or Peaches</p>	<p>9 Breakfast Choices</p> <p>Beef Burger 2 oz. Cheese .5 oz. WW Roll 2 oz. 1 cup Veggie B/P Baked Beans S/French Fries 1 cup Fresh Fruit Peaches</p>	<p>10 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. WW Roll 2 oz. 1 cup Veggie G/Broccoli 1 cup Fresh Fruit or Fruit Variety</p>
<p>13 Breakfast Choices</p> <p>Brunch For Lunch 4 WG French Toast Sticks 3 oz. Sausage Patty 1.2 oz. Syrup 1 cup Veggie S/Hash Browns R/O Carrots 1 cup Fresh Fruit or Applesauce</p>	<p>14 Breakfast Choices</p> <p>WG Chicken Patty 2 oz. WW Roll 1.89 oz. Side of Pasta 1 cup Veggie S/Corn 1 cup Fresh Fruit or Peaches</p>	<p>15 Breakfast Choices</p> <p>Italian Dunkers 2 WW Bread Sticks 4 RF Mozz. Sticks 1 cup Veggie R/O Sauce 2 oz. O/Green Beans 1 cup Fresh Fruit or Peaches</p>	<p>16 Breakfast Choices</p> <p>(A) Toasted Cheese Sandwich WW Bread & Cheese 2 oz. (B) Ham & Cheese Bagel WG Bagel– Ham 2 oz. & Cheese 1 oz. 1 cup Veggie R/O Tomato Soup B/P Baked Beans 1 cup Fresh Fruit or Mixed Fruit</p>	<p>17 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. WW Roll 2 oz. 1 cup Veggie G/Broccoli 1 cup Fresh Fruit or Fruit Variety</p>
<p>20 Breakfast Choices</p> <p>6 WG Chicken Nuggets 2 oz. WW Roll 1.18 oz. 1/4 cup Mac & Cheese 1 cup Veggie R/O Carrots 1 cup Fresh Fruit or Peaches</p>	<p>21 Breakfast Choices</p> <p>Tacos or Taco Salad 2 WW Soft Tacos or RS Tortilla Chips Meat Sauce 3 oz. Cheese .5 oz. 1/4 cup WG Rice 1 cup Veggie S/Corn 1 cup Fresh Fruit or Mixed Fruit</p>	<p>22 Breakfast Choices</p> <p>Sub Sandwich WW Roll 1.79 oz. Mixed Meat 2.5 oz. Cheese .5 oz. 1 cup veggie O/Green Beans 1 cup Fresh Fruit or Mandarin Oranges</p>	<p>23 Breakfast Choices</p> <p>Beef Burger 2 oz. Cheese .5 oz. WW Roll 2 oz. 1 cup Veggie B/P Baked Beans S/French Fries 1 cup Fresh Fruit or Fruit Variety Peaches</p>	<p>24 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. WW Roll 2 oz. 1 cup Veggie G/Broccoli 1 cup Fresh Fruit or Fruit Variety</p>
<p>27 Breakfast Choices</p> <p>Brunch For Lunch 4 WG French Toast Sticks 3 oz. Sausage Patty 1.2 oz. Syrup 1 cup Veggie S/Hash Browns R/O Carrots 1 cup Fresh Fruit or Applesauce</p>	<p>28 Breakfast Choices</p> <p>A) Toasted Cheese Sandwich WW Bread & Cheese 2 oz. (B) Ham & Cheese Bagel WG Bagel– Ham 2 oz. & Cheese 1 oz. 1 cup Veggie R/O Tomato soup S/Corn 1 cup Fresh Fruit or Peaches</p>	<p>29 Breakfast Choices</p> <p>Italian Dunkers 2 WW Bread Sticks 4 RF Mozz. Sticks 1 cup Veggie R/O Sauce 2 oz. O/Green Beans 1 cup Fresh Fruit or Peaches</p>	<p>30 Breakfast Choices</p> <p>WG Chicken Patty 2 oz. WW Roll 1.89 oz. 1 cup Veggie B/P Baked Beans 1 cup Fresh Fruit or Strawberries</p>	<p>Duanesburg CSD 133 School Drive Delanson, NY 12053 www.duanesburg.org ES-518-895-2580 JR/SR HS-518-895-3000 CO-518-895-2279</p>