

Monday	Tuesday	Wednesday	Thursday	Friday
<p>M/ma=Meat/ Meat Alternative WG=Whole Grain WW=Whole Wheat RF=Reduced Fat FF=Fat Free RS=Reduced Sodium R/O=Red/Orange Veggie G=Dark Green Veggie B/P=Beans/Peas S=Starchy O=Other</p>	<p>Duanesburg CSD 133 School Drive Delanson, NY 12053 www.duanesburg.org ES-518-895-2580 JR/SR-518-895-3000 CO-518-895-2279</p>			<p>1 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. or Fish Patty 2 oz. WW Roll 2 oz. 3/4 cup Veggie G/Broccoli 3/4 cup Fresh Fruit or Fruit Variety</p>
<p>4 Breakfast Choices</p> <p>A) Beef Burger 2 oz. Cheese .5 oz. B) BBQ Ribs WW Roll 1.89 oz. 3/4 cup Veggie S/French Fries B/P Baked Beans 3/4 cup Fresh Fruit or Peaches</p>	<p>5 Breakfast Choices</p> <p>Taco 1 WW Soft Taco RS Tortilla Chips Meat Sauce 2.5 oz. Cheese .5 oz. 1/4 cup WG Rice 3/4 cup Veggie S/Corn G/Lettuce 3/4 cup Fresh Fruit or Mixed Fruit</p>	<p>6 Breakfast Choices</p> <p>5 WG Chicken Nuggets 1.5 oz. WW Roll 1.18 oz. 3/4 cup Veggie S/Fries O/Green Beans 3/4 cup Fresh Fruit or Pears</p>	<p>7 Breakfast Choices</p> <p>A) WG/RF Cheese Pizza 2 oz. B) WG Chicken Patty 2 oz. WW Roll 1.89 oz. 3/4 cup Veggie G/ Broccoli 3/4 cup Fresh Fruit or Fruit Variety</p>	<p>8 Breakfast Choice</p> <p>Sub Sandwich WW Roll 1.79 oz. Mixed Meat 2 oz. Cheese .5 oz. 3/4 cup veggie R/O Carrots Sticks G/Lettuce 3/4 cup Fresh Fruit or Apple Slices</p>
	<p>12 Breakfast Choices</p> <p>Brunch For Lunch 4 WG French Toast Sticks 2 oz. Sausage Patty 1.2 oz. Syrup 3/4 cup Veggie S/Hash Brown R/O Carrots 3/4 cup Fresh Fruit or Applesauce</p>	<p>13 Breakfast Choices</p> <p>Italian Dunkers 1 WW Bread Stick 2 RF Mozz. Sticks 3/4 cup Veggie R/O Sauce 2 oz. O/ Green Beans G/Tossed Salad 3/4 cup Fresh Fruit or Peaches</p>	<p>14 Breakfast Choices</p> <p>WG Chicken Patty 2 oz. WW Roll 1.89 oz. 3/4 cup Veggie B/P Baked Beans 3/4 cup Fresh Fruit or Mandarin Oranges</p>	<p>15 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. or Fish Patty 2 oz. WW Roll 2 oz. 3/4 cup Veggie G/Broccoli 3/4 cup Fresh Fruit or Fruit Variety</p>
<p>18 Breakfast Choices</p> <p>5 WG Chicken Nuggets 1.5 oz. WW Roll 1.18 oz. 1/4 cup WW Mac & Cheese 3/4 cup Veggie R/O Carrots 3/4 cup Fresh Fruit or Peaches</p>	<p>19 Breakfast Choices</p> <p>Taco 1 WW Soft Taco RS Tortilla Chips Meat Sauce 2.5 oz. Cheese .5 oz. 1/4 cup WG Rice 3/4 cup Veggie S/Corn G/Lettuce 3/4 cup Fresh Fruit or Peaches</p>	<p>20 Breakfast Choices</p> <p>A) Beef Burger 2 oz. Cheese .5 oz. B) BBQ Ribs WW Roll 1.89 oz. 3/4 cup Veggie S/French Fries B/P Baked Beans 3/4 cup Fresh Fruit or Mixed Fruit</p>	<p>21 Breakfast Choices</p> <p>A) Toasted Cheese Sandwich WW Bread & Cheese 2 oz. B) Ham & Cheese Bagel WG Bagel- Ham 1.5 oz. & Cheese .5 oz. 3/4 cup Veggie O/Green Beans 3/4 cup Fresh Fruit or Pineapple</p>	<p>22 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. or Fish Patty 2 oz. WW Roll 2 oz. 3/4 cup Veggie G/Broccoli 3/4 cup Fresh Fruit or Fruit Variety</p>
<p>25 Breakfast Choices</p> <p>Brunch For Lunch 4 WG French Toast Sticks 2 oz. Sausage Patty 1.2 oz. Syrup 3/4 cup Veggie S/Hash Brown R/O Carrots 3/4 cup Fresh Fruit or Applesauce</p>	<p>26 Breakfast Choices</p> <p>WG Chicken Patty 2 oz. WW Roll 1.89 oz. 3/4 cup Veggie B/P Baked Beans 3/4 cup Fresh Fruit or Peaches</p>	<p>27 Breakfast Choice</p> <p>Italian Dunkers 1 WW Bread Stick 2 RF Mozz. Sticks 3/4 cup Veggie R/O Sauce 2 oz. O/Green Beans G/Tossed Salad 3/4 cup Fresh Fruit or Mandarin Oranges</p>	<p>28 Breakfast Choice</p> <p>Sub Sandwich WW Roll 1.79 oz. Mixed Meat 2 oz. Cheese .5 oz. 3/4 cup veggie R/O Carrot Sticks G/Lettuce 3/4 cup Fresh Fruit or Peaches</p>	<p>29 Breakfast Choices</p> <p>Tombstones Orange Moon Deep Sea Gravestone Bulging Coffin Haystacks Yellow Bones</p> 