

Home-Duanesburg-What's For Lunch Today?

Monday	Tuesday	Wednesday	Thursday	Friday
Duanesburg CSD 133 School Drive Delanson, NY 12053 www.duanesburg.org ES-518-895-2580 JR/SR HS-518-895-3000 CO-518-895-2279	M/ma=Meat/ Meat Alternative WG=Whole Grain WW=Whole Wheat RF=Reduced Fat FF=Fat Free RS=Reduced Sodium R/O=Red/Orange Veggie G=Dark Green Veggie B/P=Beans/Peas S=Starchy O=Other	Hella	1 Breakfast Choices Sub Sandwich WW Roll 2 oz. Mixed Meat 2.5 oz. Cheese .5 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	2 Breakfast Choices WG/RF Cheese Pizza 2 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety
5 Breakfast Choices Toasted Cheese Sandwich WW Bread & Cheese 2 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	6 Breakfast Choices Sandwich Protein 3 oz. WG Bread 2 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	7 Breakfast Choices 6 WG Chicken Nuggets 1.5 oz. WW Roll 1.18 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	8 Breakfast Choices WG/RF Cheese Pizza 2 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	No Students PROFESSIONAL DEVELOPMENT
celebrating COLLINGUS	13 Breakfast Choices Brunch For Lunch 4 WG French Toast Sticks 2 oz. Sausage Patty 1.2 oz. Syrup 1 cup Veggie 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	14 Breakfast Choices Tacos 2 WW Soft Tacos or Meat Sauce 3 oz. Cheese .5 oz. 1/4 cup WG Rice 1 cup Veggie S/Corn 1 cup Fresh Fruit or Fruit Variety	15 Breakfast Choices Sub Sandwich WW Roll 2 oz. Mixed Meat 2.5 oz. Cheese .5 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	16 Breakfast Choices WG/RF Cheese Pizza 2 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety
Beef Burger 2 oz. Cheese .5 oz. WW Roll 2.oz 1 cup Veggie S/French Fries B/P Baked Beans 1 cup Fresh Fruit or Fruit Variety	20 Breakfast Choices 6 WG Chicken Nuggets 2 oz. WW Roll 1.18 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	21 Breakfast Choices Italian Dunkers 2 WW Bread Sticks 2 RF Mozz. Sticks 1 cup Veggie Variety R/O Sauce 2 oz. 1 cup Fresh Fruit or Fruit Variety	22 Breakfast Choices Sandwich Protein 3 oz. WG Bread 2 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	23 Breakfast Choices WG/RF Cheese Pizza 2 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety
26 Breakfast Choices Brunch For Lunch 4 WG French Toast Sticks 2 oz. Sausage Patty 1.2 oz. Syrup 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	27 Breakfast Choices Sandwich Protein 3 oz. WG Bread 2 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	28 Breakfast Choices WG Chicken Patty 2 oz. WW Roll 1.89 oz. 1 cup Veggie B/P Baked Beans 1 cup Fresh Fruit or Fruit Variety	29 Breakfast Choices Sub Sandwich WW Roll 2 oz. Mixed Meat 2.5 oz. Cheese .5 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety	30 Breakfast Choices WG/RF Cheese Pizza 2 oz. 1 cup Veggie Variety 1 cup Fresh Fruit or Fruit Variety