

ES - What's For Lunch Today?

Thursday M/ma=Meat/ Meat Alternative **Duanesburg CSD** 2 Breakfast Choices 1 Breakfast Choices WG=Whole Grain 133 School Drive WG Chicken Patty 2 oz. WW=Whole Wheat WG/RF Cheese Pizza 2 oz. or Delanson, NY 12053 WW Roll 1.89 oz. WG Chicken Patty 2 oz. RF=Reduced Fat FF=Fat Free 3/4 cup Veggie WW Roll 1.89 oz. www.duanesburg.org RS=Reduced Sodium B/P Baked Beans 3/4 cup Veggie ES-518-895-2580 3/4 cup Fresh Fruit or Veggie Variety R/O=Red/Orange Veggie G=Dark Green Veggie Berry Cup 3/4 cup Fresh Fruit or JR/SR HS-518-895-3000 Fruit Variety B/P=Beans/Peas CO-518-895-2279 S=Starchy O=Other 8 9 5 Breakfast Choices 6 Breakfast Choices Breakfast Choices Breakfast Choices No Students Taco or Taco Salad Beef Burger 2 oz. 5 WG Chicken Nuggets 1.5 oz. WG/RF Cheese Pizza 2 oz. or 1 WW Soft Taco or Cheese .5 oz. WW Roll 1.18 oz. WG Chicken Patty 2 oz. RS Tortilla Chips WW Roll 1.89 oz. 3/4 cup Veggie WW Roll 1.89 oz. Meat Sauce 2.5oz. 3/4 cup Veggie S/Fries 3/4 cup Veggie Cheese .5 oz. S/French Fries R/O Carrots Veggie Variety 1/4 cup WG Rice B/P Baked Beans 3/4 cup Fresh Fruit or 3/4 cup Fresh Fruit or 3/4 cup Veggie 3/4 cup Fresh Fruit or Mixed Fruit Fruit Variety S/Corn PeachesPROFESSIONAL 3/4 cup Fresh Fruit or DEVELOPMENT Pears12 No Students 13 14 15 16 Breakfast Choices Breakfast Choices Breakfast Choices Breakfast Choices Brunch For Lunch Italian Dunkers WG Chicken Patty 2 oz. WG/RF Cheese Pizza 2 oz. or 3 WG French Toast Sticks 2 oz. 1 WW Bread Stick WW Roll 1.89 oz. WG Chicken Patty 2 oz. Sausage Patty 1.2 oz. 2 RF Mozz. Sticks 3/4 cup Veggie WW Roll 1.89 oz. B/P Baked Beans 3/4 cup Veggie Syrup3/4 cup Veggie R/O Sauce 2 oz. 3/4 cup Veggie 3/4 cup Fresh Fruit or Veggie Variety S/Hash Browns O/Green Beans Berry Cup 3/4 cup Fresh Fruit or R/O Carrots 3/4 cup Fresh Fruit or Fruit Variety 3/4 cup Fresh Fruit or Peaches Apple sauce20 19 21 22 23 Breakfast Choices Breakfast Choices Breakfast Choices Breakfast Choices Breakfast Choices 5 WG Chicken Nuggets 1.5 oz. Taco or Taco Salad Toasted Cheese Sandwich Beef Burger 2 oz. WG/RF Cheese Pizza 2 oz. or WG Chicken Patty 2 oz. or 1 WW Soft Taco or WW Bread & Cheese 1 oz. WW Roll 1.18 oz. Cheese .5 oz. 1/4 cup WW Mac & Cheese RS Tortilla Chips WW Roll 1.89 oz. WW Roll 1.89 oz. 3/4 cup Veggie 3/4 cup Veggie Meat Sauce 2.5 oz. O/Green Beans 3/4 cup Veggie 3/4 cup Veggie R/O Carrots Cheese .5 oz. 3/4 cup Fresh Fruit or S/French Fries Veggie Variety 1/4 cup WG Rice 3/4 cup Fresh Fruit or Mixed Fruit B/P Baked Beans 3/4 cup Fresh Fruit or Pears 3/4 cup Veggie 3/4 cup Fresh Fruit or Fruit Variety S/Corn Applesauce 3/4 cup Fresh Fruit or Berry Cup 30 Breakfast Choices 26 27 29 Breakfast Choice 28 Breakfast Choice **Breakfast Choices** Breakfast Choices Brunch For Lunch Italian Dunkers Sub Sandwich Toasted Cheese Sandwich WG/RF Cheese Pizza 2 oz. or 3 WG French Toast Sticks 2 oz. 1 WW Bread Stick WG Chicken Patty 2 oz. WW Roll 1.79 oz. WW Bread & Cheese 1 oz. Sausage Patty 1.2 oz. 2 RF Mozz. Sticks Mixed Meat 1.5 oz. WW Roll 1.89 oz. 3/4 cup Veggie 3/4 cup Veggie Syrup $Cheese\ .5\ oz.$ O/Green Beans 3/4 cup Veggie 3/4 cup Veggie R/O Sauce 2 oz. 3/4 cup veggie 3/4 cup Fresh Fruit or Veggie Variety S/Hash Brown S/CornB/P Baked Beans Mixed Fruit 3/4 cup Fresh Fruit or R/O Carrots 3/4 cup Fresh Fruit or 3/4 cup Fresh Fruit or Fruit Variety 3/4 cup Fresh Fruit or Peaches

Berry Cup

Apple sauce