

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Breakfast Choices</p> <p>6 WG Chicken Nuggets 2 oz. WW Roll 1.18 oz. 1/4 cup Mac &amp; Cheese 1 cup Veggie R/O Carrots 1 cup Fresh Fruit or Mixed Fruit</p>	<p>4 Breakfast Choices</p> <p>Beef Burger 2 oz. Cheese .5 oz. WW Roll 2 oz. 1 cup Veggie S/French Fries B/P Baked Beans 1 cup Fresh Fruit or Peaches</p>	<p>5 Breakfast Choices</p> <p>Italian Dunkers 2 WW Bread Sticks 4 RF Mozz. Sticks 1 cup Veggie R/O Sauce 2 oz. G Tossed Salad 1 cup Fresh Fruit or Applesauce</p>	<p>6 Breakfast Choices</p> <p>Pasta with Meat Sauce 3/4 cup WG Pasta RF Meat Sauce 3 oz. 1 WW roll 1.18 oz. 1 cup Veggie G/Green Beans G/Tossed Salad 1 cup Fresh Fruit or Pears</p>	<p>7 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. or Fish Patty 2 oz. on WW Roll 1.89 oz. 1 cup Veggie G/Tossed Salad G/Broccoli 1 cup Fresh Fruit or Fruit Variety</p>
<p>10 Breakfast Choices</p> <p>13 Popcorn Chicken 2 oz. WW Roll 1.18 oz. 1 cup veggie S/French Fries B/P Baked Beans 1 cup Fresh Fruit or Peaches</p>	<p>11 Breakfast Choices</p> <p>Sub Sandwich WW Roll 2 oz. Mixed Meat 2.5 oz. Cheese .5 oz. 1 cup Veggie R/O Carrots G/Lettuce R/O Tomato O/Onion 1 cup Fresh Fruit or Berry Mix</p>	<p>12 Breakfast Choices</p> <p>Taco or Taco Salad 2 WW Soft Tacos or RS Tortilla Chips Meat Sauce 3 oz. Cheese .5 oz. 1/4 cup WG Rice 1 cup Veggie G/Lettuce R/O Tomato S/Corn 1 cup Fresh Fruit or Pears</p>	<p>13 Breakfast Choices</p> <p>Toasted Cheese Sandwich WW Bread &amp; Cheese 2 oz. or Ham &amp; Cheese Bagel WG Bagel- Ham 2 oz. &amp; Cheese 1 oz. 1 cup Veggie R/O Tomato Soup O/Green Beans 1 cup Fresh Fruit or Mixed Fruit</p>	<p>14 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. or Fish Patty 2 oz. on WW Roll 1.89 oz. 1 cup Veggie G/Broccoli G/Tossed Salad 1 cup Fresh Fruit or Fruit Variety</p>
<p>17 Breakfast Choices</p> <p>Brunch For Lunch 4 WG French Toast Sticks 3 oz. Sausage Patty 1.2 oz. Syrup 1 cup Veggie S/Hash Browns R/O Carrots 1 cup Fresh Fruit or Applesauce</p>	<p>18 Breakfast Choices</p> <p>WG Chicken Patty 2 oz. or on WW Roll 1.89 oz. 1 cup Veggie G/Broccoli G/Tossed Salad 1 cup Fresh Fruit or Pears</p>	<p>19 Breakfast Choices</p> <p>Italian Dunkers 2 WW Bread Sticks 4 RF Mozz. Sticks 1 cup Veggie R/O Sauce 2 oz. G/Tossed Salad O/Green Beans 1 cup Fresh Fruit or Peaches</p>	<p>20 Breakfast Choices</p> <p>Beef Burger 2 oz. Cheese .5 oz. WW Roll 2 oz. 1 cup Veggie S/French Fries B/P Baked Beans 1 cup Fresh Fruit or Mixed Fruit</p>	<p>21 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. or on WW Roll 1.89 oz. 1 cup Veggie Veggie Variety 1 cup Fresh Fruit or Fruit Variety</p>
<p>24</p> <p>No School</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>
<h3>Holiday Recess</h3>				
<p>31</p> <p style="text-align: center;"><b>Holiday Recess</b></p>	<p>January 1, 2019</p>	<p>January 2, 2019</p>	<p>M/ma=Meat/ Meat Alternative WG=Whole Grain WW=Whole Wheat RF=Reduced Fat FF=Fat Free RS=Reduced Sodium R/O=Red/Orange Veggie G=Dark Green Veggie B/P=Beans/Peas S=Starchy O=Other</p>	<p>Duanesburg CSD 133 School Drive Delanson, NY 12053 www.duanesburg.org ES-518-895-2580 Jr/Sr HS-518-895-3000 CO-518-895-2279</p>

# \* December 2018 Dates to Remember\*

## Duanesburg Central School District Food Service

### ES Breakfast Menu

Daily Must Choose One = 1/2 cup juice or 1/2 cup fruit

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Variety & Toast or Yogurt & Toast or WW Breakfast Bun or Breakfast Sandwich or Bagel Variety	Cereal Variety & Toast or Yogurt & Toast or WW Breakfast Bun or French Toast Sticks & Sausage	Cereal Variety & Toast or Yogurt & Toast or WW Breakfast Bun or Breakfast Sandwich or Bagel Variety	Cereal Variety & Toast or Yogurt & Toast or WW Breakfast Bun or Bagel w/ Cream Cheese	Breakfast Sandwich or Cereal Variety & Toast or Yogurt & Toast or WW Breakfast Bun or Bagel Variety

### Jr./Sr HS Breakfast Menu

Daily Must Choose One = 1/2 cup juice or 1/2 cup fruit

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Sandwich Variety or Cereal Variety & Toast or WW Breakfast Bun	Home- made Muffin or Cereal Variety & Toast or WW Breakfast Bun	Bagel Variety w/ Cream Cheese or Cereal Variety & Toast or WW Breakfast Bun	Breakfast Sandwich Variety or Bagel Vari- ety w/Cream Cheese or Cereal Variety & Toast	Breakfast Sandwich Variety or Cereal Variety & Toast or Bagel Variety w/Cream Cheese

**Low-fat & fat-free unflavored milk and fat-free chocolate milk are offered for breakfast and lunch daily.**

**Assorted whole grain cereals, 100% fruit juice & fruit are available for breakfast daily.**

**Students MUST choose a fruit or vegetable as part of a Reimbursable Meal.**

**Veggie and fruit are offered at lunch every day.**

### Daily Lunch Choices

Daily Entrée (listed) or Sandwich or Salad Platter w/meat, vegetable, bread, fresh fruit and milk.

(Menu is subject to change)

Sandwich of the Day—every day Peanut Butter & Jelly, Turkey or Ham

Ice cream is available every day at the Jr./Sr. HS for \$1.00.

Ice cream is available on a rotating basis at the ES for \$1.00.

Field Trips! We can provide bag lunches for field trips with advance

- 1 - PTA event, ES
- 6 - ES Winter Concert, 6:30 pm, Joe Bena Auditorium
- 8 - Duanesburg Duals
- 11- Board of Education Meeting, 6:30 p.m., Joe Bena Auditorium
- 13 -Bus Drill  
Jr./Sr. HS Winter Concert, 6:30 pm, Joe Bena Auditorium
- 14 -Bus Drill Snow Date
- 20- ES Holiday Sing-along, 9:30 am
- 21- K-12 Interim Reports posted
- 24 - January 2, 2019 -Holiday Recess - No School  
January 3, 2019 - School reopens

### MEAL PRICING

PREPAID STUDENT MEAL TICKETS ARE ON SALE EVERYDAY ...

	DAY	5-DAY	10-DAY	20-DAY
ES BREAKFAST	\$1.80	\$ 9.00	\$18.00	\$36.00
ES LUNCH	\$2.60	\$13.00	\$26.00	\$52.00
HS BREAKFAST	\$1.85	\$ 9.25	\$18.50	\$37.00
HS LUNCH	\$2.85	\$14.25	\$28.50	\$57.00
REDUCED MEALS	\$ .25	\$ 1.25	\$ 2.50	\$ 5.00
ADULT BREAKFAST	\$2.45		ADULT LUNCH	\$4.10
MILK TICKETS @ ES =	\$ .50 (5-Day/\$2.50	10-Day/\$5.00	20-Day/\$10.00)	

If you feel you might qualify for the **Federal Free and Reduced Meal Program** and are not currently enrolled, please pick up an application at the MAIN OFFICES or CENTRAL OFFICE., or download from [www.duanesburg.org](http://www.duanesburg.org). For more information, call the Food Service Department at 895-3000 Ext. 228

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