## June 2021 Home-Duanesburg-What's For Lunch Today?

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast Choices  Brunch For Lunch 4 WG French Toast Sticks 2 oz. Sausage Patty 1.2 oz. Syrup 3/4 cup Veggie Variety 3/4 cup Fresh Fruit or Fruit Variety	2 Breakfast Choices  Italian Dunkers 2 WW Bread Sticks 2 RF Mozz. Sticks 3/4 cup Veggie Variety 3/4 cup Fresh Fruit or Fruit Variety	3 Breakfast Choices  Sub Sandwich  WW Roll 2 oz.  Mixed Meat 2.5 oz.  Cheese .5 oz.  3/4 cup Veggie Variety  3/4 cup Fresh Fruit or  Fruit Variety	4 Breakfast Choices  WG/RF Cheese Pizza 2 oz.  3/4 cup Veggie Variety  3/4 cup Fresh Fruit or  Fruit Variety
7 Breakfast Choices  WG Chicken Patty 2 oz.  WW Roll 2 oz.  3/4 cup Veggie Variety  3/4 cup Fresh Fruit or  Fruit Variety	8 Breakfast Choices  Sandwich  Protein 3 oz.  WG Bread 2 oz.  3/4 cup Veggie Variety  3/4 cup Fresh Fruit or  Fruit Variety	9 Breakfast Choices  Beef Burger 2 oz. Cheese .5 oz. WW Roll 1.89 oz. 3/4 cup Veggie 3/4 cup Fresh Fruit or Fruit Variety	10 Breakfast Choices  Sub Sandwich  WW Roll 2 oz.  Mixed Meat 2.5 oz.  Cheese .5 oz.  3/4 cup Veggie Variety  3/4 cup Fresh Fruit or  Fruit Variety	11 Breakfast Choices  WG/RF Cheese Pizza 2 oz.  3/4 cup Veggie Variety  3/4 cup Fresh Fruit or  Fruit Variety
14 Breakfast Choices  Toasted Cheese Sandwich  WW Bread & Cheese 2 oz.  3/4 cup Veggie  3/4 cup Fresh Fruit or  Fruit Variety	15 Breakfast Choices  Sandwich Protein 3 oz. WG Bread 2 oz. 3/4 cup Veggie Variety 3/4 cup Fresh Fruit or Fruit Variety	16 Breakfast Choices  6 WG Chicken Nuggets 2 oz.  WW Roll 1.18 oz.  3/4 cup Veggie Variety  3/4 cup Fresh Fruit or  Fruit Variety	17 Breakfast Choices  Sub Sandwich  WW Roll 2 oz.  Mixed Meat 2.5 oz.  Cheese .5 oz.  3/4 cup Veggie Variety  3/4 cup Fresh Fruit or  Fruit Variety	18 Breakfast Choices  WG/RF Cheese Pizza 2 oz. 3/4 cup Veggie Variety 3/4 cup Fresh Fruit or Fruit Variety
21 Breakfast Choices  WG Chicken Patty 2 oz.  WW Roll 2 oz.  3/4 cup Veggie Variety  3/4 cup Fresh Fruit or  Fruit Variety	22 Breakfast Choices  Sandwich Protein 3 oz. WG Bread 2 oz. 3/4 cup Veggie Variety 3/4 cup Fresh Fruit or Fruit Variety	23 Breakfast Choices  Italian Dunkers 2 WW Bread Sticks 2 RF Mozz. Sticks 3/4 cup Veggie Variety 3/4 cup Fresh Fruit or Fruit Variety	24 Breakfast Choices  Sub Sandwich  WW Roll 2 oz.  Mixed Meat 2.5 oz.  Cheese .5 oz.  3/4 cup Veggie Variety  3/4 cup Fresh Fruit or  Fruit Variety	GRAD Grondercliparts.com
	Jan Co		M/ma=Meat/ Meat Alternative WG=Whole Grain WW=Whole Wheat RF=Reduced Fat FF=Fat Free RS=Reduced Sodium R/O=Red/Orange Veggie G=Dark Green Veggie B/P=Beans/Peas S=Starchy O=Other	Duanesburg CSD 133 School Drive Delanson, NY 12053 www.duanesburg.org ES-518-895-2580 JR/SR HS-518-895-3000 CO-518-895-2279