June 2021 ES - What's For Lunch Today?

Monday	Tuesday	Wednesday	Thursday	Friday
	 Breakfast Choices Brunch For Lunch WG French Toast Sticks 2 oz. Sausage Patty 1.2 oz. Syrup 3/4 cup Veggie S/Hash Brown R/O Carrots 3/4 cup Fresh Fruit or Applesauce 	2 Breakfast Choices 5 WG Chicken Nuggets 1.5 oz. WW Roll 1.18 oz. 3/4 cup Veggie B/P Baked Beans 3/4 cup Fresh Fruit Mixed Fruit	 Breakfast Choices Toasted Cheese Sandwich WW Bread & Cheese 1 oz. 3/4 cup Veggie S/Corn 3/4 cup Fresh Fruit or Pears 	 Breakfast Choices WG/RF Cheese Pizza 2 oz. or WG/RF N/S Pizza 2 oz. or WG Chicken Patty 2 oz. on WW Roll 2 oz. 3/4 cup Veggie G/Broccoli 3/4 cup Fresh Fruit or Fruit Variety
7 Breakfast Choices WG Chicken Patty 2 oz. WW Roll 2 oz. 3/4 cup Veggie R/O Carrots 3/4 cup Fresh Fruit or Peaches	8 Breakfast Choices Sub Sandwich WW Roll 1.79 oz. Mixed Meat 1.5 oz. Cheese .5 oz. 3/4 cup veggie G/Green Beans 3/4 cup Fresh Fruit or Fruit Mix	9 Breakfast Choices Italian Dunkers 1 WW Bread Stick 2 RF Mozz. Sticks 3/4 cup Veggie R/O Sauce 2 oz. S/Corn 3/4 cup Fresh Fruit or Pears	10 Breakfast Choices Beef Burger 2 oz. Cheese .5 oz. WW Roll 1.89 oz. 3/4 cup Veggie B/P Baked Beans S/Fries 3/4 cup Fresh Fruit or Fruit Variety	 Breakfast Choices WG/RF Cheese Pizza 2 oz. or WG/RF N/S Pizza 2 oz. or WG Chicken Patty 2 oz. on WW Roll 2 oz. 3/4 cup Veggie G/Broccoli 3/4 cup Fresh Fruit or Fruit Variety
 Breakfast Choices WG Chicken Nuggets 1.5 oz. WW Roll 1.18 oz. 3/4 cup Veggie B/P Baked Beans 3/4 cup Fresh Fruit Mixed Fruit 	 Breakfast Choices Taco or Taco Salad 1 WW Soft Taco or RS Tortilla Chips Meat Sauce 2.5 oz. Cheese .5 oz. 1/4 cup WG Rice 3/4 cup Veggie S/Corn 3/4 cup Fresh Fruit or Peaches 	 Breakfast Choices Brunch For Lunch 3 WG French Toast Sticks 2 oz. Sausage Patty 1.2 oz. Syrup 3/4 cup Veggie S/Hash Brown R/O Carrots 3/4 cup Fresh Fruit or Applesauce 	 Breakfast Choices Toasted Cheese Sandwich WW Bread & Cheese 1 oz. 3/4 cup Veggie B/P Baked Beans 3/4 cup Fresh Fruit or Pears 	 Breakfast Choices WG/RF Cheese Pizza 2 oz. or WG/RF N/S Pizza 2 oz. or WG Chicken Patty 2 oz. on WW Roll 2 oz. 3/4 cup Veggie G/Broccoli 3/4 cup Fresh Fruit or Fruit Variety
21 Breakfast Choices WG Chicken Patty 2 oz. WW Roll 2 oz. 3/4 cup Veggie R/O Carrots 3/4 cup Fresh Fruit or Fruit Variety	22 Breakfast Choices Beef Burger 2 oz. Cheese .5 oz. WW Roll 1.89 oz. 3/4 cup Veggie S/French Fries B/P Baked Beans 3/4 cup Fresh Fruit or Fruit Variety	23 Breakfast Choices Italian Dunkers 1 WW Bread Stick 2 RF Mozz. Sticks 3/4 cup Veggie R/O Sauce 2 oz. G/Broccoli 3/4 cup Fresh Fruit or Fruit Variety	24 Breakfast Choices Brown Bag Lunch Sandwich Turkey or Ham 1.5 oz. Or PBJ 1 oz. WG Bread 3/4 cup veggie R/O Carrot Sticks 3/4 cup Fruit Variety	25
Have av Sum	men!		M/ma=Meat/ Meat Alternative WG=Whole Grain WW=Whole Wheat RF=Reduced Fat FF=Fat Free RS=Reduced Sodium R/O=Red/Orange Veggie G=Dark Green Veggie B/P=Beans/Peas S=Starchy O=Other	Duanesburg CSD 133 School Drive Delanson, NY 12053 www.duanesburg.org ES-518-895-2580 JR/SR HS-518-895-3000 CO-518-895-2279