

April 2019

ES - What's For Lunch Today?

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Breakfast Choices</p> <p>5 WG Chicken Nuggets 1.5 oz. WW Roll 1.18 oz. 3/4 cup Veggie S/Potato and gravy G/Broccoli 3/4 cup Fresh Fruit or Berry Mix</p>	<p>2 Breakfast Choices</p> <p>Toasted Cheese Sandwich WW Bread & Cheese 1 oz. 3/4 cup Veggie R/O Tomato Soup B/P Baked Beans 3/4 cup Fresh Fruit or Pears</p>	<p>3 Breakfast Choices</p> <p>Italian Dunkers 1 WW Bread Stick 2 RF Mozz. Sticks 3/4 cup Veggie R/O Sauce 2 oz. G/Tossed Salad 3/4 cup Fresh Fruit or Peaches</p>	<p>4 Breakfast Choices</p> <p>Pasta with Meat Sauce 1/2 cup WG Pasta RF Meat Sauce 2 oz. 1 WW roll 1.18 oz. 3/4 cup Veggie O/Green Beans 3/4 cup Fresh Fruit or Mixed Fruit</p>	<p>5 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. or Fish Patty 2 oz. WW Roll 2 oz. 3/4 cup Veggie Veggie Variety 3/4 cup Fresh Fruit or Fruit Variety</p>
<p>8 Breakfast Choices</p> <p>Brunch For Lunch 3 WG French Toast Sticks 2 oz. Sausage Patty 1.2 oz. Syrup 3/4 cup Veggie S/Hash Browns R/O Carrots 3/4 cup Fresh Fruit or Applesauce</p>	<p>9 Breakfast Choices</p> <p>9 WG Popcorn Chicken 2 oz. WW Roll 1.18 oz. 3/4 cup Veggie S/Fries O/Green Beans 3/4 cup Fresh Fruit or Strawberries</p>	<p>10 Breakfast Choices</p> <p>Taco or Taco Salad 1 WW Soft Taco or RS Tortilla Chips Meat Sauce 2.5 oz. Cheese .5 oz. 1/4 cup WG Rice 3/4 cup Veggie G/Lettuce R/O Tomato S/Corn 3/4 cup Fresh Fruit or Mixed Fruit</p>	<p>11 Breakfast Choices</p> <p>Beef Burger 2 oz. Cheese .5 oz. Or Hot Dog WW Roll 2 oz. 1/4 cup Macaroni Salad 3/4 cup Veggie B/P Baked Beans 3/4 cup Fresh Fruit or Pears</p>	<p>12 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. or Fish Patty 2 oz. WW Roll 2 oz. 3/4 cup Veggie Veggie Variety 3/4 cup Fresh Fruit or Fruit Variety</p>
<p>15 Breakfast Choices</p> <p>WG Chicken Patty 2 oz. WW Roll 2 oz. 1/4 cup Mac & Cheese 3/4 cup Veggie R/O Carrots 3/4 cup Fresh Fruit or Peaches</p>	<p>16 Breakfast Choices</p> <p>Sub Sandwich WW Roll 1.79 oz. Mixed Meat 1.5 oz. Cheese .5 oz. 3/4 cup veggie B/P Baked Beans G/Lettuce R/O Tomato 3/4 cup Fresh Fruit or Pears</p>	<p>17 Breakfast Choices</p> <p>Italian Dunkers 1 WW Bread Stick 2 RF Mozz. Sticks 3/4 cup Veggie R/O Sauce 2 oz. G/Tossed Salad 3/4 cup Fresh Fruit or Strawberries</p>	<p>18 Breakfast Choices</p> <p>WG/RF Cheese Pizza 2 oz. or WG/RF Buffalo Ckn Pizza 2 oz. or WG Chicken Patty 2 oz. or Fish Patty 2 oz. WW Roll 2 oz. 3/4 cup Veggie Veggie Variety 3/4 cup Fresh Fruit or Fruit Variety</p>	<p>No school</p>
<p>Spring break week - No school</p>				
<p>29 Breakfast Choices</p> <p>Brunch For Lunch 3 WG French Toast Sticks 2 oz. Sausage Patty 1.2 oz. Syrup 3/4 cup Veggie S/Hash Browns R/O Carrots 3/4 cup Fresh Fruit or Applesauce</p>	<p>30 Breakfast Choices</p> <p>Toasted Cheese Sandwich WW Bread & Cheese 1 oz. 3/4 cup Veggie R/O Tomato Soup O/Green Beans 3/4 cup Fresh Fruit or Berry Mix</p>		<p>M/ma=Meat/ Meat Alternative WG=Whole Grain WW=Whole Wheat RF=Reduced Fat FF=Fat Free RS=Reduced Sodium R/O=Red/Orange Veggie G=Dark Green Veggie B/P=Beans/Peas S=Starchy O=Other</p>	<p>Duanesburg CSD 133 School Drive Delanson, NY 12053 www.duanesburg.org ES-518-895-2580 JR/SR HS-518-895-3000 CO-518-895-2279</p>

* April 2019 Dates to Remember *

Duanesburg Central School District Food Service

ES Breakfast Menu

Daily Must Choose One = 1/2 cup juice or 1/2 cup fruit

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Variety & Toast or Yogurt & Toast or WW Breakfast Bun or Breakfast Sandwich or Bagel Variety	Cereal Variety & Toast or Yogurt & Toast or WW Breakfast Bun or French Toast Sticks & Sausage	Cereal Variety & Toast or Yogurt & Toast or WW Breakfast Bun or Breakfast Sandwich or Bagel Variety	Cereal Variety & Toast or Yogurt & Toast or WW Breakfast Bun or Bagel w/ Cream Cheese	Breakfast Sandwich or Cereal Variety & Yogurt & Toast or WW Breakfast Bun or WW Breakfast Bun or Bagel Variety

Jr./Sr HS Breakfast Menu

Daily Must Choose One = 1/2 cup juice or 1/2 cup fruit

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Sandwich Variety or Cereal Variety & Toast or WW Breakfast Bun	Home- made Muffin or Cereal Variety & Toast or WW Breakfast Bun	Bagel Variety w/ Cream Cheese or Cereal Variety & Toast or WW Breakfast Bun	Breakfast Sandwich Variety or Bagel Vari- ety w/Cream Cheese or Cereal Variety & Toast	Breakfast Sandwich Variety or Cereal Variety & Bagel Variety w/Cream Cheese

Low-fat & fat-free unflavored milk and fat-free chocolate milk are offered for breakfast and lunch daily.

Assorted whole grain cereals, 100% fruit juice & fruit are available for breakfast daily.

Students MUST choose a fruit or vegetable as part of a Reimbursable Meal.

Veggie and fruit are offered at lunch every day.

Daily Lunch Choices

Daily Entrée (listed) or Sandwich or Salad Platter w/meat, vegetable, bread, fresh fruit and milk.

(Menu is subject to change)

Sandwich of the Day—every day Peanut Butter & Jelly, Turkey or Ham

Ice cream is available every day at the Jr./Sr. HS for \$1.00.

Ice cream is available on a rotating basis at the ES for \$1.00.

Field Trips! We can provide bag lunches for field trips with advance

- 2-4 NYS ELA Testing
- 5 DEF basketball game at YMCA
- 6 Duanesburg Day, 12-4 pm
Talent show, 4:30 pm, Joe Bena Auditorium
- 9 BOE meeting & community budget presentation, 6:30 pm,
Joe Bena Auditorium
- 11 Bus Drill
- 12 Bus Drill, rain date
K-12 Report cards posted
All-Star Music Festival
- 13 All-Star Music Festival
- 17 Family Literacy Night, 5:30 pm, ES library
UPK meeting, 6:00 pm, ES cafeteria
6th grade Transition Night, 6:00-8:00 pm,
- 19 Good Friday, Spring Recess, No School
- 22-26 Spring Recess, No School

MEAL PRICING

PREPAID STUDENT MEAL TICKETS ARE ON SALE EVERYDAY ...

	DAY	5-DAY	10-DAY	20-DAY
ES BREAKFAST	\$1.80	\$ 9.00	\$18.00	\$36.00
ES LUNCH	\$2.60	\$13.00	\$26.00	\$52.00
HS BREAKFAST	\$1.85	\$ 9.25	\$18.50	\$37.00
HS LUNCH	\$2.85	\$14.25	\$28.50	\$57.00
REDUCED MEALS	\$.25	\$ 1.25	\$ 2.50	\$ 5.00
ADULT BREAKFAST	\$2.45		ADULT LUNCH	\$4.10
MILK TICKETS @ ES =	\$.50 (5-Day/\$2.50	10-Day/\$5.00	20-Day/\$10.00)	

If you feel you might qualify for the **Federal Free and Reduced Meal Program** and are not currently enrolled, please pick up an application at the MAIN OFFICES or CENTRAL OFFICE., or download from www.duanesburg.org. For more information, call the Food Service Department at 895-3000 Ext. 228

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(1) Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or (3) Email: program.intake@usda.gov.

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