December 2021

SR HS—What's For Lunch Today?

Monday	Tuesday	Wednesday	Thursday	Friday
Glædelig Jul Sretan Bozic Jutdlime pivdluarit ukiortame pivdluaritlo Sung Tan Chuk Ha Gledileg Jol MERRY CHRISTMAS Mele Kalikimaka Gledelig Jul Meri Kirihimete Froehliche Weihnachten Natale hilare et Annum Faustum Buone Feste Natalizie Joyeux Noel Feliz Navidad Pozdrevlyayu s prazdnikom Rozhdestva is Novim Godom Feliz Natal Merry Keshmish La Maunia Le Kilisimasi Ma Le Tausaga Fou		1 Breakfast Choices *WG Baked Chicken 2 oz.* *WW Roll 1.14 oz.* *1 cup Veggie* *S/Potato & Gravy* *B/P Baked Beans* *1 cup Fresh Fruit or Pears*	2 Breakfast Choices *Pasta with Meat Sauce* *3/4 cup WG Pasta* *RF Meat Sauce 3 oz.* *1 WW roll 1.14 oz.* *1 cup Veggie* *G/Green Beans* *1 cup Fresh Fruit or Mixed Fruit*	3 Breakfast Choices *WG/RF Cheese Pizza 2 oz.* *WG/RF Buffalo Ckn Pizza 2 oz.* *or WG Chicken Patty 2 oz.* *or Fish Patty 2 oz.* *WW Roll 1.82 oz.* *1 cup Veggie* *G/Broccoli* *1 cup Fresh Fruit or Fruit Variety*
6 Breakfast Choices *6 WG Chicken Nuggets 2.5 oz.* *WW Roll 1.14 oz.* *1/4 cup Mac & Cheese* *1 cup Veggie* *B/P Baked Beans* *1 cup Fresh Fruit or Mixed Fruit*	7 Breakfast Choices *Sub Sandwich* *WW Roll 2.5 oz.* *Mixed Meat 2.5 oz.* *Cheese .5 oz.* *1 cup Veggie* *S/Corn* *1 cup Fresh Fruit or Mandarin Oranges*	8 Breakfast Choices *Italian Dunkers* *2 WW Bread Sticks* *4 RF Mozz. Sticks* *1 cup Veggie* *R/O Sauce 2 oz.* *O/Green Beans* *1 cup Fresh Fruit or Applesauce*	9 Breakfast Choices *A) Toasted Cheese Sandwich* *WW Bread & Cheese 2 oz. or* *B) Ham & Cheese Bagel* *WG Bagel– Ham 2 oz.* *& Cheese 1 oz.* *1 cup Veggie* *O/Home Made Soup* *R/O Carrots* *1 cup Fresh Fruit or Peaches*	10 Breakfast Choices *WG/RF Cheese Pizza 2 oz.* *WG/RF Buffalo Ckn Pizza 2 oz.* *or WG Chicken Patty 2 oz.* *or Fish Patty 2 oz.* *WW Roll 1.82 oz.* *1 cup Veggie* *G/Broccoli* *1 cup Fresh Fruit or Fruit Variety*
13 Breakfast Choices *Brunch For Lunch* *4 WG French Toast Sticks 2 oz.* *Sausage Patty 1.2 oz.* *Syrup* *1 cup Veggie* *S/Hash Browns* *R/O Carrots* *1 cup Fresh Fruit or Applesauce*	14 Breakfast Choices *Tacos or Taco Salad* *2 WW Soft Tacos or* *RS Tortilla Chips* *Meat Sauce 3 oz.* *Cheese .5 oz.* *1/4 cup WG Rice* *1 cup Veggie* *S/Corn* *1 cup Fresh Fruit or Peaches*	15 Breakfast Choices *WG Chicken Patty 2 oz.* *WW Roll 1.82 oz.* *1/4 cup Side of Pasta* *1 cup veggie* *O/Green Beans* *1 cup Fresh Fruit or Strawberries*	16 Breakfast Choices *Beef Burger 2 oz.* *Cheese .5 oz.* *WW Roll 1.82 oz.* *1 cup Veggie* *S/French Fries* *B/P Baked Beans* *1 cup Fresh Fruit or Mixed Fruit*	17 Breakfast Choices *WG/RF Cheese Pizza 2 oz.* *WG/RF Buffalo Ckn Pizza 2 oz.* *or WG Chicken Patty 2 oz.* *or Fish Patty 2 oz.* *WW Roll 1.82 oz.* *1 cup Veggie* *G/Broccoli* *1 cup Fresh Fruit or Fruit Variety*
20 Breakfast Choices *6 WG Chicken Nuggets 2.5 oz.* *WW Roll 1.14 oz.* *1 cup Veggie* *B/P Baked Beans* *1 cup Fresh Fruit or Pineapple*	21 Breakfast Choices *Italian Dunkers* *2 WW Bread Sticks* *4 RF Mozz. Sticks* *1 cup Veggie* *R/O Sauce 2 oz.* *O/Green Beans* *1 cup Fresh Fruit or Fruit Variety*	22 Breakfast Choices *WG/RF Cheese Pizza 2 oz.* *WG/RF Buffalo Ckn Pizza 2 oz.* *or WG Chicken Patty 2 oz.* *WW Roll 2 oz.* *1 cup Veggie* *G/Broccoli* *1 cup Fresh Fruit or Fruit Variety*	23 *No School*	
	Holiday	Recess	M/ma=Meat/ Meat Alternative WG=Whole Grain WW=Whole Wheat RF=Reduced Fat FF=Fat Free RS=Reduced Sodium R/O=Red/Orange Veggie G=Dark Green Veggie B/P=Beans/Peas S=Starchy O=Other	Duanesburg CSD 133 School Drive Delanson, NY 12053 www.duanesburg.org ES-518-895-2580 Jr/Sr HS-518-895-3000 CO-518-895-2279