

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Breakfast Choices Taco 2 WW Soft Taco or Meat Sauce 2.5 oz. Cheese .5 oz. 1/4 cup WG Rice 3/4 cup Veggie S/Corn 3/4 cup Fresh Fruit or Peaches</p>	<p>2 Breakfast Choices Baked Chicken WW Roll 1.89 oz. 3/4 cup Veggie S/Potato & Gravy B/P Baked Beans 3/4 cup Fresh Fruit or Pears</p>	<p>3 Breakfast Choices Meatball Sub Meatballs 2 oz. WW Roll 2oz 1/4 cup WG Pasta 3/4 cup Veggie G/Green Beans 3/4 cup Fresh Fruit or Mixed Fruit</p>	<p>4 Breakfast Choices A) WG/RF Cheese Pizza 2 oz. or B) WG Chicken Patty 2 oz. WW Roll 1.89 oz. 3/4 cup Veggie G/Broccoli 3/4 cup Fresh Fruit or Fruit Variety</p>
<p>7 Breakfast Choices 5 WG Chicken Nuggets 1.5 oz. WW Roll 1.18 oz. 1/4 cup Mac & Cheese 3/4 cup Veggie B/P Baked Beans 3/4 cup Fresh Fruit or Mixed Fruit</p>	<p>8 Breakfast Choices Sub Sandwich WW Roll 1.79 oz. Mixed Meat 2 oz. Cheese .5 oz. 3/4 cup veggie S/Corn 3/4 cup Fresh Fruit or Berry Mix</p>	<p>9 Breakfast Choices Italian Dunkers 1 WW Bread Stick 2 RF Mozz. Sticks 3/4 cup Veggie R/O Sauce 2 oz. G/Green Beans 3/4 cup Fresh Fruit or Applesauce</p>	<p>10 Breakfast Choices Toasted Cheese Sandwich WW Bread & Cheese 2 oz. OR Ham & Cheese Bagel WG Bagel—Ham 2 oz. & Cheese 1 oz. 3/4 cup Veggie R/O Tomato Soup R/O Carrots 3/4 cup Fresh Fruit or Peaches</p>	<p>11 Breakfast Choices A) WG/RF Cheese Pizza 2 oz. or B) WG Chicken Patty 2 oz. WW Roll 1.89 oz. 3/4 cup Veggie G/Broccoli 3/4 cup Fresh Fruit or Fruit Variety</p>
<p>14 Breakfast Choices Brunch For Lunch 4 WG French Toast Sticks 2 oz. Sausage Patty 1.2 oz. Syrup 3/4 cup Veggie S/ Hash Brown R/O Carrots 3/4 cup Fresh Fruit or Applesauce</p>	<p>15 Breakfast Choices WG Chicken Patty 2 oz. WW Roll 1.89 oz. 3/4 cup Veggie S/ Potato & Gravy O/Green Beans 3/4 cup Fresh Fruit or Strawberry's</p>	<p>16 Breakfast Choices Taco or Taco Salad 2 WW Soft Taco or Meat Sauce 2.5 oz. Cheese .5 oz. 1/4 cup WG Rice 3/4 cup Veggie S/Corn 3/4 cup Fresh Fruit or Pears</p>	<p>17 Breakfast Choices Beef Burger 2 oz. Cheese .5 oz. WW Roll 2 oz 3/4 cup Veggie S/French Fries B/P Baked Beans 3/4 cup Fresh Fruit Mixed Fruit</p>	<p>18 Breakfast Choices A) WG/RF Cheese Pizza 2 oz. or B) WG Chicken Patty 2 oz. WW Roll 1.89 oz. 3/4 cup Veggie G/Broccoli 3/4 cup Fresh Fruit or Fruit Variety</p>
<p>21 Breakfast Choices Chicken Nuggets WW Roll 1.89 oz 3/4 cup Veggie S/French Fries B/P Baked Beans 3/4 cup Fresh Fruit Mixed Fruit</p>	<p>22 Breakfast Choices Italian Dunkers 1 WW Bread Stick 2 RF Mozz. Sticks 3/4 cup Veggie R/O Sauce 2 oz. G/Green Beans 3/4 cup Fresh Fruit or Peaches</p>	<p>23 Breakfast Choices Hot Turkey Sandwich Turkey 2 oz Bread 1 oz. 3/4 cup Veggie G/Broccoli 3/4 cup Fresh Fruit or Fruit Variety Apple Crisp</p>	<p>No School</p>	
		<h1>Holiday Recess</h1>		<p>M/ma=Meat/ Meat Alternative WG=Whole Grain WW=Whole Wheat RF=Reduced Fat FF=Fat Free RS=Reduced Sodium R/O=Red/Orange Veggie G=Dark Green Veggie B/P=Beans/Peas S=Starchy O=Other</p>
				<p>Duanesburg CSD 133 School Drive Delanson, NY 12053 www.duanesburg.org ES-518-895-2580 JR/SR-518-895-3000 CO-518-895-2279</p>

