

April

SR HS - What's For Lunch Today?

Monday	Tuesday	Wednesday	Thursday	Friday
<p>M/ma=Meat/ Meat Alternative WG=Whole Grain WW=Whole Wheat RF=Reduced Fat FF=Fat Free RS=Reduced Sodium R/O=Red/Orange Veggie G=Dark Green Veggie B/P=Beans/Peas S=Starchy O=Other</p>	<p>Duanesburg CSD 133 School Drive Delanson, NY 12053 www.duanesburg.org ES-518-895-2580 JR/SR HS-518-895-3000 CO-518-895-2279</p>		<p>1 Breakfast Choices A) WG/RF Cheese Pizza 2 oz. B) WG Chicken Patty 2 oz. on WW Roll 1.89 oz. 1 cup Veggie G/Broccoli 1 cup Fresh Fruit or Fruit Variety</p>	
				
<p>12 Breakfast Choices Brunch For Lunch 4WG French Toast Sticks 2oz. Sausage Patty 1.2 oz. Syrup 1 cup Veggie S/Hash Browns R/O Carrots 1 cup Fresh Fruit or Applesauce</p>	<p>13 Breakfast Choices Italian Dunkers 2 WW Bread Stick 2 RF Mozz. Sticks 1cup Veggie R/O Sauce 2.oz O/Green Beans 1 cup Fresh Fruit or Peaches</p>	<p>14 Breakfast Choices Baked Chicken 2 oz. WW Roll 1.18 oz. 1 cup Veggie S/Potato & Gravy S/Corn 1 cup Fresh Fruit or Strawberries</p>	<p>15 Breakfast Choices Beef Burger 2 oz. Cheese .5 oz. WW Roll 2oz. 1 cup Veggie S/Fries B/P Baked Beans 1 cup Fresh Fruit or Pears</p>	<p>16 Breakfast Choices A) WG/RF Cheese Pizza 2 oz. B) WG Chicken Patty 2 oz. on WW Roll 1.89 oz. 1 cup Veggie G/Broccoli 1 cup Fresh Fruit or Fruit Variety</p>
<p>19 Breakfast Choices 6 WG Chicken Nuggets 2 oz. WW Roll 1.18 oz. 1 cup Veggie B/P Baked Beans S/ Fries 1 cup Fresh Fruit or Mandarin Oranges</p>	<p>20 Breakfast Choices Meatball Sub Meatballs 2.5 oz WG Roll 2 oz 1/4 cup WG Pasta 1 cup Veggie R/O Carrots 1 cup Fresh Fruit or Pears</p>	<p>21 Breakfast Choices Italian Dunkers 2 WW Bread Stick 2 RF Mozz. Sticks 1cup Veggie R/O Sauce 2.oz O/Green Beans 1 cup Fresh Fruit or Mixed Fruit</p>	<p>22 Breakfast Choices A) Toasted Cheese Sandwich WW Bread & Cheese 2 oz. B) Ham & Cheese Bagel WG Bagel- Ham 2 oz. & Cheese 1oz. 1 cup Veggie R/O Tomato Soup S/Corn 1 cup Fresh Fruit Peaches</p>	<p>23 Breakfast Choices A) WG/RF Cheese Pizza 2 oz. B) WG Chicken Patty 2 oz. on WW Roll 1.89 oz. 1 cup Veggie G/Broccoli 1 cup Fresh Fruit or Fruit Variety</p>
<p>26 Breakfast Choices WG Chicken Patty 2oz. WW Roll 2oz. 1/4 C Mac & Cheese 1 cup Veggie R/O Carrots 1 cup Fresh Fruit or Peaches</p>	<p>27 Breakfast Choices Taco Salad RS Tortilla Chips Meat Sauce 3 oz. Cheese .5 oz. 1/4 cup WG Rice 1 cup Veggie S/Corn 1 cup Fresh Fruit or Mixed Fruit</p>	<p>28 Breakfast Choices Beef Burger 2 oz. Cheese .5 oz. WW Roll 2oz. 1 cup Veggie S/Fries B/P Baked Beans 1 cup Fresh Fruit or Strawberries</p>	<p>29 Breakfast Choices Baked Chicken 2 oz. WW Roll 1.18 oz. 1 cup Veggie S/Potato & Gravy O/Green Beans 1 cup Fresh Fruit or Pears</p>	<p>30 Breakfast Choices A) WG/RF Cheese Pizza 2 oz. B) WG Chicken Patty 2 oz. on WW Roll 1.89 oz. 1 cup Veggie G/Broccoli 1 cup Fresh Fruit or Fruit Variety</p>