

Monday

Tuesday

Wednesday

Thursday

Friday

M/ma=Meat/ Meat Alternative  
 WG=Whole Grain  
 WW=Whole Wheat  
 RF=Reduced Fat  
 FF=Fat Free  
 RS=Reduced Sodium  
 R/O=Red/Orange Veggie  
 G=Dark Green Veggie  
 B/P=Beans/Peas  
 S=Starchy  
 O=Other

Duanesburg CSD  
 133 School Drive  
 Delanson, NY 12053  
 www.duanesburg.org  
 ES-518-895-2580  
 JR/SR HS-518-895-3000  
 CO-518-895-2279

1 Breakfast Choices  
 WG/RF Cheese Pizza 2 oz. or  
 WG/RF N/S Pizza 2 oz. or  
 WG Chicken Patty 2 oz.  
 on WW Roll 1.89 oz.  
 3/4 cup Veggie  
 G/Broccoli  
 3/4 cup Fresh Fruit or  
 Fruit Variety



12 Breakfast Choices  
 Brunch For Lunch  
 3WG French Toast Sticks 2oz.  
 Sausage Patty 1.2 oz.  
 Syrup  
 3/4 cup Veggie  
 S/Hash Browns  
 R/O Carrots  
 3/4 cup Fresh Fruit or  
 Applesauce

13 Breakfast Choices  
 Meatball Sub  
 RF Meatballs 2.5 oz.  
 1 WW roll 2oz.  
 3/4 cup Veggie  
 S/Corn  
 3/4 cup Fresh Fruit or  
 Strawberries

14 Breakfast Choices  
 Italian Dunkers  
 1 WW Bread Stick  
 2 RF Mozz. Sticks  
 3/4 cup Veggie  
 R/O Sauce 2.oz  
 O/Green Beans  
 3/4 cup Fresh Fruit or  
 Peaches

15 Breakfast Choices  
 A) Beef Burger 2 oz.  
 Cheese .5 oz.  
 B) Hot Dog  
 WW Roll 2 oz.  
 3/4 cup Veggie  
 S/Fries  
 B/P Baked Beans  
 3/4 cup Fresh Fruit or  
 Pears

16 Breakfast Choices  
 WG/RF Cheese Pizza 2 oz. or  
 WG/RF N/S Pizza 2 oz. or  
 WG Chicken Patty 2 oz.  
 on WW Roll 1.89 oz.  
 3/4 cup Veggie  
 G/Broccoli  
 3/4 cup Fresh Fruit or  
 Fruit Variety

19 Breakfast Choices  
 5 WG Chicken Nuggets 1.5 oz  
 WW Roll 1.18oz  
 1/4 cup Mac & Cheese  
 3/4 cup Veggie  
 R/O Carrots  
 3/4 cup Fresh Fruit or  
 Mandarin Oranges

20 Breakfast Choices  
 Taco or Taco Salad  
 1WW Soft Taco or  
 RS Tortilla Chips  
 Meat Sauce 2.5oz.  
 Cheese .5 oz.  
 1/4 cup WG Rice  
 3/4 cup Veggie  
 S/Corn  
 3/4 cup Fresh Fruit or  
 Pears

21 Breakfast Choices  
 Toasted Cheese Sandwich  
 WW Bread & Cheese 1oz.  
 3/4 cup Veggie  
 R/O Tomato Soup  
 B/P Baked Beans  
 3/4 cup Fresh Fruit or  
 Mixed Fruit

22 Breakfast Choices  
 Pasta with Meat Sauce  
 1/2 cup WG Pasta  
 RF Meat Sauce 2oz.  
 1 WW roll 1.18 oz.  
 3/4 cup Veggie  
 O/Green Beans  
 3/4 cup Fresh Fruit or  
 Peaches

23 Breakfast Choices  
 WG/RF Cheese Pizza 2 oz. or  
 WG/RF N/S Pizza 2 oz. or  
 WG Chicken Patty 2 oz.  
 on WW Roll 1.89 oz.  
 3/4 cup Veggie  
 G/Broccoli  
 3/4 cup Fresh Fruit or  
 Fruit Variety

26 Breakfast Choices  
 WG Chicken Patty 2 oz.  
 WW Roll 1.18 oz.  
 3/4 cup Veggie  
 S/Potato & Gravy  
 R/O Carrots  
 3/4 cup Fresh Fruit or  
 Peaches

27 Breakfast Choices  
 Sub Sandwich  
 WW Roll 1.79 oz.  
 Mixed Meat 1.5oz.  
 Cheese .5 oz.  
 3/4 cup veggie  
 S/Corn  
 3/4 cup Fresh Fruit or  
 Mixed Fruit

28 Breakfast Choices  
 Italian Dunkers  
 1 WW Bread Stick  
 2 RF Mozz. Sticks  
 3/4 cup Veggie  
 R/O Sauce 2.oz  
 O/Green Beans  
 3/4 cup Fresh Fruit or  
 Strawberries

29 Breakfast Choices  
 A) Beef Burger 2 oz.  
 Cheese .5 oz.  
 B) Hot Dog  
 WW Roll 2 oz.  
 3/4 cup Veggie  
 S/Fries  
 B/P Baked Beans  
 3/4 cup Fresh Fruit or  
 Pears

30 Breakfast Choices  
 WG/RF Cheese Pizza 2 oz. or  
 WG/RF N/S Pizza 2 oz. or  
 WG Chicken Patty 2 oz.  
 on WW Roll 1.89 oz.  
 3/4 cup Veggie  
 G/Broccoli  
 3/4 cup Fresh Fruit or  
 Fruit Variety